

Ffordd Glasdir,  
Rhuthun,  
Sir Ddinbych,  
LL15 1QQ

# Ysgol Pen Barras



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Pennaeth: Mr Dyfan Mael Phillips

Annwyl Rieni,

11.10.24

**Parthed: Trawsgwlad Sirol 16eg Hydref, 2024**

Mae rownd sirol cystadleuaeth Rhedeg Trawsgwlad Sir Ddinbych yn cael ei gynnal ar fore dydd Mercher, Hydref 16eg ar safle Clwb Rygbi Rhuthun.

Gofynnwn i blant sy'n cystadlu dod i'r ysgol y neu wisg rhedeg a dillad addas ar gyfer y tywydd.

Bydd y ras gyntaf yn cychwyn tua 10yb ac mi fyddwn yn dychwelyd i'r ysgol erbyn amser cinio. Mae croeso i'r plant ddod a diod a byrbryd efo nhw. Gall plant wisgo esgidiau pêl droed efo stÿds os yw'r cae yn wlyb. Mae croeso i rieni ddod i gefnogi'r plant sy'n cystadlu. Pob lwc i bawb.

Yn gywir,

Dyfan Phillips a Staff Ysgol Pen Barras

*Dear Parents,*

**Re: Cross Country Running Regional Finals**

*The next stage of the Denbighshire Cross Country Running Competition will be held on Wednesday, October 16<sup>th</sup> at Ruthin Rugby Club.*

*We kindly ask that pupils who are competing arrive at school in their running kit and also remember to bring warm clothes. Pupils may also wear football boots with studs to run (especially if conditions under foot are wet).*

*The first races are expected to begin at 10am and we expect to return to school before lunchtime. Pupils may bring a snack and a drink with them.*

*Parents are also welcome to come along to support the event.*

*Good luck to everyone competing.*

*Kind regards,*

*Dyfan Phillips and Ysgol Pen Barras Staff.*

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Ysgrifennu yn y blwch yma.

